

What Can You Do In One Minute Challenge Cards



What Can You Do In One Minute Challenge Cards

How many star jumps can you do in one minute?



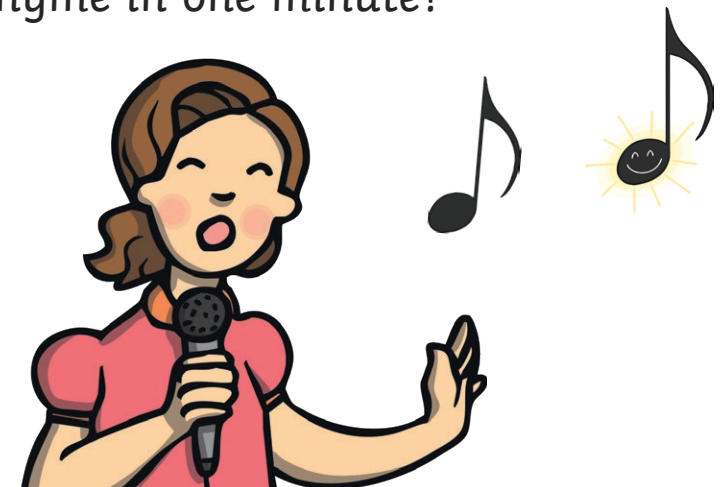
What Can You Do In One Minute Challenge Cards

How many times can you write your name in one minute?



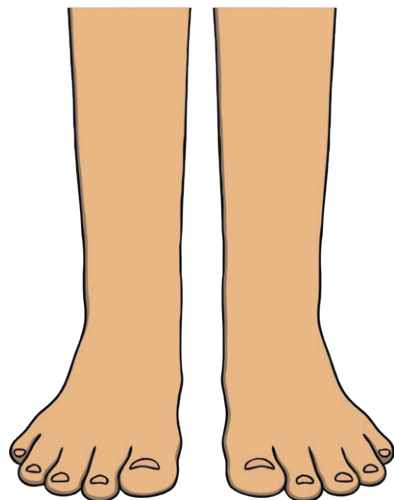
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How many times can you sing a chosen nursery rhyme in one minute?



What Can You Do In One Minute Challenge Cards

How many times can you touch your toes in one minute?



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What Can You Do In One Minute Challenge Cards

How many times can you count up to ten in one minute?



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What Can You Do In One Minute Challenge Cards

How many pieces of rubbish can you put in the bin in one minute?



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What Can You Do In One Minute Challenge Cards

How many different words can you write down in one minute?



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What Can You Do In One Minute Challenge Cards

How many different ways can you use to time one minute?

